

MAKE YOUR OWN SALT DOUGH

Salt dough is a homemade version of playdough or clay that you can make from common ingredients found in the kitchen. Making your own salt dough can be a fun project for the whole family. Once your salt dough is ready, use your creative skills to make colorful sculptures.

Follow the instructions below to make one small batch of salt dough.

DRY INGREDIENTS

4 tbsp. all-purpose flour

2 tbsp. table salt

WET INGREDIENTS

1 to 3 drops food coloring (use as desired)

1 tbsp. vegetable oil

2 tbsp. warm water

TIP: Salt dough can be reused many times. Store it an airtight container in the refrigerator to keep it fresh.

INSTRUCTIONS

- Combine flour and salt into one bowl and mix together.
- Add warm water, vegetable oil, and food coloring to the dry flour mix.
- Mix with a spoon to make the dough.If the mixture is too dry, add more water.



- Sprinkle some flour onto a flat surface and on your hands to prevent the dough from sticking.
- 5 Knead the dough on the flat surface until the color is consistent throughout.

Repeat Steps 1 to 5 for each color.





