

MAKE YOUR OWN SALT DOUGH



Salt dough is a homemade version of playdough or clay that you can make from common ingredients found in the kitchen. Making your own salt dough can be a fun project for the whole family. Once your salt dough is ready, use your creative skills to make colorful sculptures.

Follow the instructions below to make one small batch of salt dough.

TIP

Salt dough can be reused many times. Store it in an airtight container in the refrigerator to keep it fresh.

MATERIALS

4 tbsp. all-purpose flour, 2 tbsp. table salt, 1 to 3 drops food coloring (use as desired), 1 tbsp. vegetable oil, 2 tbsp. warm water

INSTRUCTIONS

1



Combine flour and salt into one bowl and mix together.

2



Add warm water, vegetable oil, and food coloring to the dry flour mix.

3 Mix with a spoon to make the dough. If the mixture is too dry, add more water.

4 Sprinkle some flour onto a flat surface and on your hands to prevent the dough from sticking.

5



Knead the dough on the flat surface until the color is consistent throughout.

Repeat Steps 1 to 5 for each color.



We'd love to see your work! Snap a picture of your final creation and share with us on Facebook, Instagram, or Twitter using the hashtag #ArtBMAFromHome for a chance to be featured.

ARTBMA.ORG

Generous support for Free Family Sundays at Home is provided by Art Bridges and Wilmington Trust.

Art Bridges