

MAKE AN INSTALLATION OF FEELINGS

German artist Katharina Grosse makes work that inspires feelings of wonder and curiosity, encouraging people to think differently about themselves and the world around them. Today's project is inspired by Grosse's installation *Is It You?* Building the installation took several days and required many people to work together, guided by the artist, to sew together 50,000 square feet of fabric and attach it to the gallery ceiling, walls, and floor. The artist then painted the fabric with vibrant colors using a spray gun. The result is a completely transformed environment that people can enter and explore.

For the next week, take time each day as a family to create abstract artworks that explore your feelings, thoughts, and ideas about the world around you.



Installation view of Katharina Grosse's *Is It You?*

YOU WILL NEED THE FOLLOWING SUPPLIES

- Drawing paper
- String or yarn
- Tape
- Push pins
- Drawing or painting supplies

LET'S GET STARTED

- 1 Gather the family around a table with the supplies in the middle. Make sure everyone has space to work.
- 2 Choose a group leader to read the prompts below and guide the family through the activity, encouraging everyone to express their responses through talking, painting, and drawing.
 - *Relax and think about a feeling. This can be a feeling about the world, your home, or something you feel right now.*
 - *Is the color of this feeling light or dark? Vibrant or dull?*
 - *Is the feeling curvy, round, or wavy? Does it have lots of angles and pointed edges?*
 - *Think about the weight of the feeling. Is it light or heavy?*
- 3 After everyone has finished working, find a spot in the house to hang the collection of artworks. (A corner works best.)



- 4 Using push pins or tape, attach a line of string or yarn—long enough to hang everyone's work—to the wall in the spot you have chosen. Attach each artwork to the line with tape.
- 5 After hanging your collection, give everyone a chance to talk about their work.
- 6 Repeat Steps 1–6 every day for one week and watch your installation grow and evolve.



For inspiration, explore *Is It You?* online with a virtual gallery walk. at artbma.org/grossetour



We'd love to see your work! Snap a picture of your final creation and share with us on Facebook, Instagram, or Twitter using the hashtag #ArtBMAFromHome for a chance to be featured.

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